

॥ Shri Hari ॥

It is Essential to Get Rid of Interest in Transitory Pleasures Anitya Sukh ki Ruchi Mitaaneki Aavashyaktaa



Swami Ramsukhdas

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Tvameva Maata Cha Pita Tvameva
Tvameva Bandhusa Sakhaa Tvameva
Tvameva Vidyaa Dravinam Tvameva
Tvameva Sarvam Mama Deva Deva

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Questioner - How can undivided, exclusive spiritual practice take place?

Swamiji - Undivided, exclusive spiritual practice will take place when one leaves attraction of worldly pleasures. If you let go the interest in hoarding worldly things and in gaining sense pleasure from it, then you will be greatly benefited. There is no doubt whatsoever in this. I am not saying to renounce money. I am not saying to become a sadhu. I join my hands and pray to you with utmost sincerity that some way or the other get rid of this relish you have for enjoying sense pleasures and for hoarding things. If that inclination goes away, then there will be much gains. This desire, will lead to downfall of both the world and you; rather you will gain nothing. Interest in hoarding and relish in sense enjoyments is very detrimental, there is no doubt about this. The relish for the transitory, is the root cause of ruins. Even drinking poison is not so ruinous, as this is - It is said in the Ashtavakra Gita that -

Mukti micchasi chettaat vishayaanvishavattyaj (1/2)

If you desire liberation then give up sense objects as if they were poison.

There is only one point that the inclination for the world must end. In place of inclination for the world, develop inclination for God, enlightenment, liberation, love of God, beholding God, then you will be most benefited. In this there is no doubt. You cannot live because of desire to live. Even though you may want to live, then too you will have to die. If you give up the inclination to live, then there will be no harm, rather there will be much gains. Even if the relish and inclination is reduced, then too there will be much gains. Not coming under the sway of relish You will benefit immensely by not coming under the sway of relish.

Tayorna vashmaagacchet || (Gita 3/34)

If you eradicate it, then what more to say!

Questioner - This relish does not go away Maharajji !

Swamiji - Your present condition is that this relish is not going away. It is not that the relish does not go away, rather it is not the kind that will remain. The interest you had for toys in childhood, that interest is not there at present, is it? The interest you had in pebbles, stones and colored glass pieces in childhood, is not there today, is it? It is not that the relish is not going away, the relish is unable to last at all. It cannot stay. You give rise to new interest and relish, and then you say that it does not go away ! The relish cannot last. The relish for the transitory, will remain transitory only. If you have an inclination for God, then that will not end, rather the result will be that it will make you realize God. Gita says -

"Jigyasa-rapi Yogasya shabda Brahmaatvartate." (Gita 6:44)

A seeker of Yoga, transcends actions and their fruits as laid down by the Vedas, and will surely attain God Realization or salvation.

If you do not have such quest, then no problem. When worldly inclination is removed, then quest for Union with Divinity will also take place. It is entirely false that inclination does not go away. It is your present condition that you cannot get rid of this relish, due to which you are saying so.

Interest in hoarding and enjoying sense pleasures is cause of much harm. The association of saints is the gateway to liberation and association with men inclined toward sense enjoyment and pleasure, is the gateway to hell - - Mahatsevaam davaarmaahurviktestamodvaaram yoshitaam sangisangam" (Srimad Bhagwat 5/5/2)

Association with sense enjoyments and pleasure is not as harmful, as the association of people with relish and inclination is harmful. It is like saying that an association with a leper, can cause leprosy. Therefore having inclination towards sense enjoyments, is harmful both for yourself and the world, and it is very beneficial to give it up. Therefore have mercy and do that which is beneficial for the world. If you cannot do what is beneficial, then at least do not do anything harmful.

The relish for sense enjoyments can never be satisfied. It will eventually quieten down. Fulfillment of relish is not possible. As you continue to enjoy sense pleasures, accumulate money, relish for it will continue to increase - "Jimi Pratlaabh lobh adhikaayi".

Na jaatu kaamah kaamanaamupabhogen shaamyati |
havishaa krishnavatrmeva bhooya evaabhivardhate ||
(Srimad Bhagwat 9/19/14)

By the enjoyment of sense objects, the relish for it is not diminished. If you continue to gradually add "ghee" in the fire, then will the fire die down? No, it will increase even more. In the same way, relish for sense enjoyments and hoarding continues to go on increasing. In the end, you will have to leave everything and die. This relish for honor - respect, name-fame, hoping that people may think good of you, think you to be great and high up there, expecting to get comforts, pleasure, and expecting that others behave in a favorable way towards you, these are all very deadly. They are very lethal for an aspirant. There is not even the slightest bit of benefit in this, and there is great loss.

It is not at all so that the relish does not go away been wiped out की-‘बहवो ज्ञानतपसा पूता मद्भावमागताः’ (गीता ४/१०) In history, there have been thousands, who have been able to overcome their relish, but you will not find a single man who was able to satisfy his relish. That which can never be fulfilled, then for you what is the harm in leaving it?

Questioner - Maharajji, the interests and relish we had in childhood, those have died. But till childhood, those interests did remain.

Swamiji - The childhood relish and interest will not change, whether you become old or not. The object changed, the place changed, but the relish and interest that was there before, still remained, it did not go away. Now if you get rid of it, then it cannot last. If you try to hold on to it, then it will not go away. If you hold on to it, then even Brahmaji does not have the power to get rid of it. Many great saints and great souls, liberated great men too cannot get

rid of your relish. If you get rid of it then it will go away. If you do not leave it then how will they make you leave? If you so desire then it can go away; and if it does not go away, then pray, cry, say to God that this is not going away, then by God's grace, it will go away. The main point is that you do not even think about leaving it. There is one exceptional point that there is great importance to renouncing worldly relish, it is not even as important to imbibe good qualities such as compassion, forgiveness, generosity etc. The spiritual practice of renouncing, it even greater than one of doing something, but people give little attention to it. By renouncing the evil, the good (actions that should be done) happens on its own. One does not have pride in the spiritual practice that takes place on its own.

Gita has expressed that a man who has relish for pleasures is a constant enemy of the *Jnaani* (*Viveki*) - "jnaanino nityavairinaam" (Gita 3/39). An ignorant man sees pleasure in sense enjoyments. But the moment relish for pleasure arises in a "*jnaani*," he understands that this is the kind that will lead to his destruction. It will never be fulfilled. This is a fire, fire - "dushpoorenaanaleha cha"! There will be great loss due to this. Therefore gentlemen! minimally do at least that much that do not perform any action coming under the sway of relish for pleasure. If you continue to do work coming under the sway of sense pleasures, then it is the kind that will never go away. It will not go away even after thousand, lakhs, crore, ten crore life-times.

However much you may study, even if you become a great scholar and orator, however many books you may write, however great and famous you become, but as long as there is relish for contact born pleasures, till then there will not be peace. This relish for pleasure, will surely lead to your downfall. All the harm that is taking place, it is all happening due to it. All the groaners and moaners, the sufferers, the ones that are crying, that are undergoing a lot of suffering, that are screaming, that are lying in hell, that are lying in the 8.4 million wombs, are all the fruits of this relish. As long as this relish remains, you will not experience any kind of peace. Therefore have mercy, destroy this relish. If you are not able to do it, then pray to God that Oh Lord! may this relish be wiped out once and for all!

If there is an awakening within, an interest to get rid of the relish in pleasures, in other words, if you develop a firm determination that I want to get rid of this, then it will be wiped out. In history, there have been thousands, who have been able to overcome their relish, but you will not find a single man who was able to satisfy his relish. That which can never be fulfilled, what is the harm in leaving it?

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If the interest to get rid of the relish in pleasures is awakened within, in other words, if you develop a firm determination that I want to get rid of this, then it will go away

Narayan! Narayan !! Narayan !!!

From book in Hindi "Nitya Yog ki Praapti" by Swami Ramsukhdasji

					
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